



Kansas City Soccerdome Co-Ed Rules

1. Seven (7) players on the field. 3 men, 3 women, 1 goalkeeper (may be male or female)
 - A. A team may start the game with no less than four (4) players.
 - B. If a team is short 1 female, they can not replace the female with a male player(the team must play with 5 players.)
 - C. If a team is short a male, they cannot replace the male with a female(the team must play with 5 players.)
2. A female must touch the ball at least every 3rd touch.
3. A female must take all free kicks in her teams' offensive half only. In the defensive half, anybody can take the kick.
4. A female must touch the ball in her teams' offensive half before the team can score (center line is considered the offensive half). Once the ball is touched by a female, it is live until it crosses the half line. It then has to be touched by a female again when it crosses back into the offensive zone before that team can score.
5. The goalkeeper is neutral (only in his penalty area). So if the keeper is a male, he can receive a pass from a male and pass it to another male and the 3 man rule does not apply.
6. Females can score anywhere in the goal. A male however, has to score below the goal keeper's knees—which a line has marked the scoring area.
7.
 - A. If a shot deflect off of a defensive player and goes in—it's a goal.
 - B. If it deflects off of an offensive female and goes in—it's a goal.
 - C. If it deflects off of an offensive male and goes in—it must be below the knees of the keeper before it can count as a goal.
 - D. If a shot is taken by a male and deflects off the keeper and goes in, it's a goal—if the original shot been a legal shot had the keeper not touched it.
8. A player must be at least 16 years old, or at least 5'1" tall or weigh 100 lbs.
9. A male must serve all time penalties.
10. A male or a female may score a head ball anywhere in the goal.

If there are any questions concerning these rules, please ask the manager on duty BEFORE your game so that you will be in complete understanding about the Co-Ed rules.