

# WANT TO GET A JUMP ON SUMMER SPORTS? SOCCER CAMP AT THE SOCCER DOME!

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## the ----- **FASST PROGRAM** **SOCCER CAMP**

**Mondays & Wednesdays from 3-4:30**  
June 14th - July 28th (off the week of July 4th)  
\$150 for 6 wks



### **OUR PHILOSOPHY**

Spaces are limited - call today to reserve your spot and receive a 10% discount!

At the **FASST** Program, our focus is on the complete athlete and their long term development. Whether you are in elementary school looking to start your athletic journey with motor development skills (balance & coordination) or a professional athlete advancing your technical skills or just a weekend warrior wanting to stay in the game longer, the **FASST** Program is ideal for helping you meet your goals

### **PLAN DEVELOPMENT**

The **FASST** coaches will help you develop your individual goals for the following:

**SPEED - AGILITY - FOOT SKILLS - STARTS - STRENGTH - FLEXIBILITY**



Please welcome our newest FASST coach, Jared Renyer. Jared has played soccer since the age of 4. Jared was a multi-sport athlete until the age of 12 when he decided to stick with soccer alone and moved up to the premier league in Topeka. Jared was a 3 year letterman in soccer at Shawnee Heights HS. He continued his education at Ottawa Univ. majoring in exercise science, and currently has one year of classes remaining for his degree. Jared played 3 years of collegiate soccer, helping the team to its first ever KCAC tournament title. He has helped train both athletes and non athletes. Since 2007 Jared has been a trainer/coach for the Kaw Valley Soccer Association in Lawrence, KS. There he taught youths ages 6-14 soccer skills and tactics. In 2010 Jared joined the FASST team as coach and is excited to help his clients reach their athletic goals and potential.

To help stay injury free this season, give us a call today at **816.891.7162**. You can also email inquiries to **Jsmith@usphclinic.com** and we will answer any questions you have about our development programs.

The **FASST** program has locations all over the Kansas City and metro area. In addition we also offer a unique service where we bring our development services to you.



**Tiffany Springs Office:**  
10015 NW Ambassador Dr. Suite 101  
Kansas City, MO 64153  
Tel: 816.891.7162 - Fax: 816.891.6704